Parents love their children and want the best for them, however after separation parenting often gets much tougher.

Keeping Kids in Mind is a five week course for separated parents who are experiencing ongoing conflict.

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• Loss and griefang (en-B)MCID 6 BDC 21207 1.3 2153 13.351 2151 1.51 c21351 2.51300.1715.761302.13 1517 c303.263 10.15